

Lieutenant Commander Amy Younger, a native of Cleveland, OH, enlisted in the Navy as a Disbursing Clerk in 2000. She commissioned through the Seaman to Admiral Program (STA-21) in 2011 as a Surface Warfare Officer.

Lieutenant Commander Younger holds a Bachelor of Science in Business Administration in Accounting from Old Dominion University. She holds an Executive Master of Business Administration with a concentration in Defense Financial Management from the Naval Postgraduate School. She is certified as a Senior Professional in Human Resources.



Afloat, Lieutenant Commander Younger completed her first division officer tour aboard USS NEW YORK (LPD-21) as the Administrative Officer for the ship's maiden deployment and homeport shift. She then served as the Deputy Chief Engineer for DESTROYER SQUADRON 28 (CDS-28) before laterally transferring to the Human Resources' community in 2014. She also served aboard USS FREDERICK (LST 1184).

Ashore, Lieutenant Commander Younger served on the staff of the Chief of Naval Personnel (CNP) in the Financial Management Division (OPNAV N10/PERS-701) as the Military Personnel, Navy (MPN) Budget Coordinator. In the Military Plans and Policy Division (OPNAV N13), she served as the Basic Allowance for Housing Service Representative and pay and personnel policy assistant. In the CNP front office (OPNAV N1), she served as the Deputy Executive Assistant (DEA) to the Assistant Deputy, Chief of Naval Operations. Lieutenant Commander Younger also served as the DEA to the inaugural Executive Director of U.S. Naval Forces Europe/Africa and U.S. SIXTHFLT. Previous shore tours include PATROL SQUADRON 92 (VP-92) and Personnel Support Detachments Willow Grove and Brunswick. In July 2022, she assumed the responsibilities as Executive Officer, Transient Personnel Unit Norfolk.

Her personal awards include a Meritorious Service Medal, three Navy Commendation Medals and six Navy Achievement Medals.